

HORARIO AGOSTO

LUNES

12:00 13:00	KICK BOXING - BOXEO
19:00 20:00	KICK BOXING - BOXEO

MARTES

10:00 11:00	CROSS TRAINING
12:00 13:00	KICK BOXING - BOXEO
14:30 15:30	CROSS TRAINING
19:00 20:00	KICK BOXING - BOXEO
19:00 20:00	CROSS TRAINING

MIÉRCOLES

12:00 13:00	KICK BOXING - BOXEO
19:00 20:00	KICK BOXING - BOXEO

JUEVES

10:00 11:00	CROSS TRAINING
12:00 13:00	KICK BOXING - BOXEO
14:30 15:30	CROSS TRAINING
19:00 20:00	KICK BOXING - BOXEO
19:00 20:00	CROSS TRAINING

VIERNES

12:00 13:00	KICK BOXING - BOXEO
19:00 20:00	KICK BOXING - BOXEO

SÁBADO

12:00 13:00	SPARRING
----------------	----------

*RESTO DE DÍAS, LAS CLASES SERÁN EN "OPENBOX"

HORARIO

LUNES A VIERNES

10:00H - 15:30H

17:30H - 21:00H

SÁBADOS

10:00H - 14:00H



www.gnsportcenter.com



info@gnsportcenter.com



[gnsportcenter](https://www.instagram.com/gnsportcenter)



911 63 64 65

